

New Horizons Seaside Primary: PE Long Term Plan

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	Introduction to Invasion	Introduction to Dance	Introduction to Gymnastics	Introduction to Net and Wall	Introduction to Athletics	Introduction to Striking and Fielding
Year 1	Invasion Football 1	Gymnastics 1	Dance 1 Space Dance (Linked to topic)	Net and Wall Tennis 1	Athletics 1	Striking and Fielding Football Rounders
Year 2	Invasion Netball 1	Dance 2 Penguin Dance (Linked to topic)	Gymnastics 2	Athletics 2	Net and Wall Tennis 2	Striking and Fielding Kwik Cricket 1
Year 3	Invasion Hockey 1	Gymnastics 3	Dance 3 Weather Dance (Linked to topic)	Net and Wall Tennis 3	Athletics 3	Striking and Fielding Stoolball 1
Year 4	Invasion Football 2	Athletics 4	Gymnastics 4	Dance 4 Tudor Dance (Linked to topic)	Net and Wall Tennis 4	Striking and Fielding Rounders 2
Year 5	Invasion Netball 2	Dance 5 Battle War Dance (Linked to topic)	Gymnastics 5	Net and Wall Tennis 5	Athletics 5	Striking and Fielding Kwik Cricket 2
Year 6	Invasion Hockey 2	Gymnastics 6	Dance 6 WWII Dance (Linked to topic)	Net and Wall Tennis 6	Athletics 6	Striking and Fielding Stoolball 2