



New Horizons Seaside Primary aims to:

- To maintain our success in achieving high levels of participation in activities such as games, dance, gymnastics, swimming and athletics and outdoor and adventurous pursuits on our residential trips.
- To build on previous success in competitive school sports such as football, netball and stoolball
- To continue to improve partnership work on physical education with other schools and local partners.
- To create links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills.
- To further raise awareness amongst pupils about the dangers of obesity, smoking and other such activities that undermine pupils' health.
- To again offer teaching staff on-going CPD to ensure that our PE curriculum is delivered to the highest standard.

Action Plan 2025 – 2026

We wish to develop PE and sports further in the following ways:

1. *Our PE Curriculum Team will continue to ensure leadership of PE is robust and effective, with an ongoing focus on the key skills the pupils are learning across sessions, as well as embedding key practice across the school with existing and new members of staff e.g. the STEPP method of differentiation in PE and the use of mixed-ability 'Squad' groupings to ensure challenge for all ability levels. This year, we are focusing on further developing differentiation and inclusivity in PE and a key focus will be on achieving the School Games Platinum Mark over the 2025 – 2027 period.*
2. *Our PE Curriculum Team will continue to ensure that PE and fitness sessions across the school are well-resourced and effective.*
3. *A commitment to offering CPD opportunities to Seaside staff, releasing our PE Lead to run in-house CPD coaching.*
4. *To again actively develop links with local organisations i.e. BHAFc football sessions / JOLF.*
5. *To further develop the role and responsibilities of our Sports Leaders (pupils).*
6. *To seek ways to offer our children the best opportunities to engage in meaningful physical activity and break and lunchtimes.*
7. *To maintain links with local schools – i.e. sharing the use of our minibuses in exchange for the use of their swimming pool for Year 3 and 4 statutory and Year 5 Top-Up swimming lessons.*
8. *To run after-school clubs specifically targeting the school netball and football competition teams to help improve team performance – with an additional focus on girls' football.*
9. *To use our Trust minibuses to ensure participation in all local sporting events, including:*
 - *Y3 and Y4 statutory swimming lessons at a local pool;*
 - *Top Up swimming lessons for every child in Year 5, not Year 6 due to curriculum constraints;*
 - *BHAFc sessions and other sessions laid on by local organisations;*
 - *Sporting events / Sports Fun Days at our local secondary school;*
 - *Sporting fixtures (netball, football, tag rugby, cricket and cross country) in and around West Sussex.*
10. *To again use our Trust minibuses to transport children to our Y4, Y5 and Y6 outdoor and adventurous residential trips, allowing us to continue to offer these trips at extremely competitive prices:*
 - *Y4 – 5 days on the Isle of Wight*
 - *Y5 – 5 days in the New Forest*
 - *Y6 – 6 days in Cornwall.*

Impact of the Sports Premium 2024 – 2025

The share of the Sports Premium allocated to Curriculum Development has very much had the intended impact. The PE Lead and curriculum team have purchased resources to meet the ongoing needs of PE lessons and fitness lessons across the whole school curriculum. This includes equipment that allows our teachers to meaningfully differentiated tasks in PE and fitness lessons using the STEPP method. All PE and fitness lessons are fully resourced to ensure the best possible outcomes for pupils of all ability levels.

The other aspect of Curriculum Development was releasing our PE Lead to run coaching CPD sessions for a number of staff across the school. This was highly beneficial to both the PE Lead in terms of developing his leadership skills and most importantly, to the staff who were involved in this CPD coaching cycle:

- *Lesson 1 – the PE Lead was released to visit lessons to identify areas for development in individual teachers' practice.*
- *Before Lesson 2, the PE Lead gave the teachers individual feedback and actionable targets.*
- *Lesson 2 – the PE Lead was released to return to the next lesson in the unit to support / Team-teach / lead the session to model how to address the areas of development.*
- *Lesson 3 – the individual teachers led the session, demonstrating the development of their practice.*
- *After Lesson 3 – the PE Lead gave final individualised feedback to the teachers. The teachers, as part of the process, shared the outcomes of the CPD with the rest of their year group, to develop practice across the year group as a whole.*

The staff who were directly involved in the CPD coaching cycle gave very positive feedback about the impact of the coaching on their practice and the quality of the delivery of their PE and fitness sessions for the children. The CPD coaching cycle will form part of next year's action plan, with an initial focus on the use of equipment in gymnastics.

Our PE Team Lead, as part of their release time, led and ran our half-termly intra-sport competitions to ensure all pupils experience competitive sport at New Horizons Seaside Primary (not just those teams which participate in local sports fixtures). This is now embedded practice – all children across the school participated in a range of intra-sport competitions.

In the 2024 – 2025 academic year, we successfully ran all three of our annual residential trips: our Year 4 Isle of Wight residential trip, our Year 5 Outdoor Adventurous Activity residential in the New Forest and, of course, our Year 6 Cornwall residential trip. We again used our Trust minibuses to transport our children to all three trips, helping to ensure transport costs and therefore overall costs to parents were low, which in turn meant pupil participation was high. The school is 100% committed to these experiences and staff go above and beyond to make sure they are the best they can possibly be. Huge amounts of time are given freely by all members of staff and not a single person claims an additional hour. Each year at least 95% of pupils in each year group attend their residential – last year, this high uptake from our pupils for all three residential trips allowed our children to undertake a range of outdoor and adventurous activities, not just in the New Forest, but also body boarding and swimming in Cornwall and hiking on the Isle of Wight.

We also used our minibuses to transport our children to a range of sporting fixtures in the locality and further afield as well as to transport our Year 5 pupils to their statutory swimming sessions. Last year we managed to organise the swimming sessions in an alternative venue with better pool and instructor facilities. This had a real impact on the quality of the swimming experience for our children and the progress they made. We are committed to doing everything we can to ensure all our children have an opportunity to learn this key life skill – in the next academic year, we will again make use of the same facilities, but will move our statutory lessons for all pupils to Year 3 and Year 4 so our children can start learning to swim and learn about water safety earlier. We will continue to offer all pupils in Year 5 swimming lessons to top-up on the lessons they had in Year 3 and Year 4. Lessons in Year 3, 4 and Year 5, including the use of our minibuses for transportation, are going to be offered to at no charge to parents.

Our pupils participated in a range of inter-school sporting fixtures in the immediate locality and further afield across the academic year, frequently experiencing success and always learning about what it means to represent the school and to be a team player. The investment in new kits for all teams has further raised the profile of these last two points.

Our teachers again ran a huge range of sporting after-school clubs across the year for a range of pupils of different ages. These clubs were very well attended with 94% of Key Stage 2 children attending an extra-curricular activity. In EYFS and Key Stage 1, the range of clubs offered is just as wide, but the allocation of places is lower. This is because we feel the levels of supervision need to be higher for the younger children. Also, the children are often simply too tired to attend a club after a full day at school! We also successfully liaised with outside agencies – for example, offering our facilities free of charge to agencies running karate for our pupils.

Swimming:

Percentage of Year 6 pupils (2024 – 2025) able to do the following:

- Perform safe self-rescue in different water-based situations (86%)*
- Swim competently, confidently and proficiently over a distance of **at least** 25 metres (86%)*
- Use a range of strokes effectively, for example, front crawl, backstroke and breaststroke (75%).*